



A Future with Hope: Resilient Responses in COVID-Era Ministry

2022 Resources and Recommendations for Ministry Leaders

The Church in Pandemic - Trends and Responses

Organization/Article/Webinar	Website/E-mail/Phone
<p>Exploring the Pandemic Impact on Congregations (EPIC) Covid Religion Research.org A multi-faceted and longitudinal project of rigorous designed to answer a series of questions with the hope of providing religious leaders with solid answers and workable ideas for creating healthier and vibrant faith communities.</p>	<p>https://www.covidreligionresearch.org/wp-content/uploads/2021/12/Congregational-Response-to-the-Pandemic_Extraordinary-Social-Outreach-in-a-Time-of-Crisis_Dec-2021.pdf</p>
<p>Healthy Congregations - An ecumenical and interfaith organization that takes seriously the times that we live in and the challenges of thinking more clearly about families, congregations, and leadership.</p>	<p>https://www.healthycongregations.com</p>
<p>Pew Research Center – A nonpartisan fact tank that informs the public about the issues, attitudes and trends shaping the world through public opinion polling, demographic research, content analysis and other data-driven social science research. We do not take policy positions.</p>	<p>https://www.pewresearch.org/fact-tank/2022/03/22/more-houses-of-worship-are-returning-to-normal-operations-but-in-person-attendance-is-unchanged-since-fall/</p>
<p>Carey Nieuwhof - A best-selling leadership author, speaker, podcaster, former attorney, and church planter. He hosts one of today’s most influential leadership podcasts, and his online content is accessed by leaders over 1.5 million times a month. Featured speaker of Barna Group</p>	<p>https://careynieuwhof.com/the-original-2020-is-history-7-new-disruptive-church-trends-every-church-leader-should-watch/</p> <p>https://careynieuwhof.com/8-disruptive-church-trends-that-will-rule-2021-the-rise-of-the-post-pandemic-church/</p>
<p>Article: “The Challenge to the Church during COVID-19” by Dr. Kelly Brown Douglas - Dean, Episcopal Divinity School, Union Theological Seminary</p>	<p>https://episcopalnewyorker.org/2021/douglas/</p>

Mental Health

Philadelphia Mental Health Center - Provider of Affordable Mental Health Services in Philadelphia since 1953	www.pmhccares.org
NAMI (National Alliance on Mental Illness) - The nation's largest grassroots mental health organization dedicated to the millions of Americans affected by mental illness.	Home NAMI: National Alliance on Mental Illness www.namiphilly.org
Mental Health First Aid - a course that teaches you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.	https://www.mentalhealthfirstaid.org/
Pathways to Promise - Connecting Faith, Culture and Mental Health since 1988 An interfaith assistance and resource center that provides virtual and in-person support to faith, spiritual and non-spiritual communities. They work to educate and affect change that creates welcoming and supportive caring communities for persons with mental health challenges, disabilities, and addictions and those who care for them.	https://www.pathways2promise.org/
Nueva Vida Behavioral Health Center Nueva Vida is a multilingual/multicultural Health Center that provides bilingual mental health services to people of all ages.	Philadelphia, PA (215) 426-9680 Camden, NJ (856) 338-1995
Brotherhood Mutual Insurance Company – provides innovative insurance coverage and risk management resources specifically designed for ministries.	https://www.brotherhoodmutual.com/resources/safety-library/risk-management-articles/risk-management-basics/4-steps-to-starting-a-mental-health-support-group-in-your-church/
10 Lies the Church Believes About Mental Illness Blog by Brad Hoefs, Founder and President of Fresh Hope for Mental Health	https://pastorbrad.blog/2018/03/23/10-lies-the-church-believes-about-mental-illness/

Suicide Prevention

You Matter Blog Blog Site of National Suicide Prevention Lifeline	https://youmatter.suicidepreventionlifeline.org/
National Suicide Prevention Lifeline	800.273.8255
American Foundation for Suicide Prevention, Established in 1987, (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.	www.ASFP.org Jamie Cohen, Area Director, Philadelphia jcohen@afsp.org
The Trevor Project – the world's largest suicide prevention and crisis intervention organization for LGBTQ young people.	https://www.thetrevorproject.org/

Children, Youth and Young Adults

<p>National Suicide Prevention Lifeline Suicide is the second leading cause of death for young people between 10 to 24. (Leading cause is unintentional injury and homicide) The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.</p>	<p>https://suicidepreventionlifeline.org/help-yourself/youth/</p>
<p>Youth Suicide Warning Signs Resource of National Suicide Prevention Lifeline</p>	<p>https://www.youthsuicidewarningsigns.org/youth</p>
<p>Webinar Pan American Health Organization PAHO This webinar aims to contribute to the strengthening of a comprehensive multi-sectoral response to young people during the pandemic and in the recovery phase with the goal to reduce the short-, medium-, and long-term consequences of COVID-19 for young people in the Americas, particularly those living in conditions of vulnerability.</p>	<p>https://www.paho.org/en/events/mitigating-direct-and-indirect-consequences-covid-19-health-and-well-being-young-people</p>

Violence Prevention

<p>Anti-Violence Partnership (AVP) of Philadelphia works to reduce the entire cycle of violence by providing a wide range of services from support and counseling for victims and their families to rebuild their lives in the aftermath of violence.</p>	<p>https://avpphila.org/</p>
<p>Stop AAPI Hate – a coalition that tracks and responds to incidents of hate, violence, harassment, discrimination and bullying against Asian Americans and Pacific Islanders in US with goal of building a multiracial movement to end structural racism against BIPOC.</p>	<p>https://stopaapihate.org/</p>
<p>Center for Disease Control and Prevention a federal agency committed to saving lives and protecting people. The general site addresses a variety of issues including violence prevention and the effects of violence.</p>	<p>www.cdc.gov https://www.cdc.gov/violenceprevention/index.html https://www.cdc.gov/violenceprevention/aces/index.html</p>
<p>Cease Fire PA an organization dedicated to ending the epidemic of gun violence in Pennsylvania.</p>	<p>https://www.ceasefirepa.org/issues/community-violence/</p>
<p>PA Coalition Against Rape PCAR works to end sexual violence and advocates for the rights and needs of sexual assault victims.</p>	<p>https://pcar.org/blog/how-advocates-can-respond-community-violence/</p>

Housing and Homeless Prevention

<p>Family Promise A national organization with local affiliates to help families experiencing homelessness and low-income families achieve sustainable independence through a community-based response.</p>	<p>https://www.familypromisede.org/ https://www.familypromiselycoming.org/events/ https://familypromise.org/</p>
<p>Office of Homeless Services – City of Philadelphia Supports programs that provide emergency housing and aid to people who are experiencing homelessness and those at risk of homelessness.</p>	<p>http://philadelphiaofficeofhomelesservices.org/</p>

Advocacy

<p>American Foundation for Suicide Prevention, Established in 1987, (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.</p>	<p>www.ASFP.org Jamie Cohen, Area Director, Philadelphia jcohen@afsp.org</p>
<p>Cease Fire PA an organization dedicated to ending the epidemic of gun violence in Pennsylvania.</p>	<p>https://www.ceasefirepa.org/issues/community-violence/</p>

Suggested Ministry Foci For Congregations

Mental Health Supports, Counselling and Referral	Counter Misinformation on Covid-19/ Vaccine	Violence and Harassment Prevention	Promote Work-life Balance	Job Security; Target Women
Support Groups Social Support	Health Promotion	Prevention of Negative Coping Behaviors	Promote Adequate Rest and Exercise	Psychological Supports
Domestic Violence & Suicide Prevention	Reflection on Traditional Spirituality vs Political Ideology	Nutrition Ministries	Provision and promotion of Affordable Day Care	Expanded Senior Citizen Ministry
Global Response to Vaccine Distribution by USA	Grief Counseling	Spirituality & Trust Mid Pandemic & Social Justice Struggles	Study and Dismantle Systemic Racism	Civil Rights - Address Voter Suppression